**পূজা সামগ্রী**

**List of Ingredients for Virtual Saraswati Puja**

1. Picture of Saraswati. If not using the shrine used for daily worship, create a temporary shrine on a table.
2. Ghata and Amrapallav (metallic is OK) – Both are optional.
3. A whole banana. You may use a whole coconut, provided the Ghata is big enough to support a whole coconut. However, it is probably better if have small fruit, like apples, for the Ghata. It will make the Ghata more stable. It’s Ok if you do not have a Ghata. If you do not have Ghata this fruit will not be necessary. This item is not necessary if you do not use a Ghata.
4. Kosha Kushi and Tamra Patra. As an alternative, a new bowl and a new glass (Styrofoam is OK).
5. Pushpapatra (Styrofoam/paper, (at least 6” dia) is OK).
6. 4 Thala (dish) for offering food (Styrofoam/paper is OK).  At least one should be 6”dia, the rest could be 3-4” dia.
7. 7 small glasses (Styrofoam/paper is OK).
8. Pradeep (candle in a holder is OK). if you have Pradeep, salte (wick) will be needed (Note: a salte can be made using real cotton balls; artificial cotton balls will not do. If you do not have real cotton, I suggest the use of candle as Pradeep
9. Incense stick and Dhup Dani (If you do not have Dhoop Dani you may use fruit to insert the stick)
10. Sandalwood paste (Note: If you do not have the Chandan pata, sandalwood powder mixed with water will do. Sandalwood powder is available in Indian stores (Bombay Bazar?).
11. Sindur.
12. Flowers – one bunch for puja; if you want to decorate the shrine with flowers, then additional flowers will be needed.
13. Oil for Pradeep. Not needed if a candle is used.
14. Fruits – at least 4.
15. Sweet/dates.
16. An Asan for puja. If you do not have a puja Asan, then a washed folded bed sheet may be used. If you have difficulty sitting on the ground then seating on a small stool/chair is Ok. The puja will take 30-45 minutes.
17. Please contact me ([amsubagchi@hotmail.com](mailto:amsubagchi@hotmail.com)), if you have questions.